

2017
KESTREL PERCH BERRY CSA
at EcoVillage



Sign me up!

...for an assortment of locally grown,
 chemical-free berries
 (U-pick during June, July, and August)

Complete this form and the HFFA eligibility info on page 2, then
SNAIL-MAIL your application, along with a deposit of \$25 or your SNAP receipt, to:
Kestrel Perch Berries, 220 Rachel Carson Way, Ithaca NY 14850

Your \$25 deposit reserves your share; 2 additional payments (\$25 each) are due by July 1 and August 1.

QUESTIONS? Want to pay with food stamps? Need a hard copy of the application mailed to you?
 Contact Katie Creeger, 607-275-0272 or ithacaberries@gmail.com

SHAREHOLDER INFORMATION:

Full name, please print: _____

Name as you want it to appear at check-in: _____

Check if applicable: I'm a returning member from last year and ALL my info is still the same.

Or provide any new or different info:

Address _____

Phone: _____ E-mail: _____

PREFERRED PICKING WINDOW (check one, and please make a note of it!):

TUESDAY / WEDNESDAY (10 a.m. Tuesday – dusk on Wednesday)

WEEKEND (12 noon on Friday – dusk on Saturday; Sunday picking also included but overlaps with non-member picking)

I'll let you know if your preferred time is oversubscribed.

SHARE COST:

We'd like:

___ SOLIDARITY (HFFA subsidized) FULL-SEASON "FLEX" share
 @ \$75. \$ ___

TOTAL ENCLOSED: \$ ___

OFFICE USE: ___spreadsheet ___e-list ___off renew/KMI ___ackn. ___paid?

INCOME ELIGIBILITY: Please confirm that you are income eligible for a Solidarity (subsidized) CSA Share. Income eligibility is determined based on *gross* household income (*before taxes*) & how many adults & children are in your family/care.

| HOUSEHOLDS WITH CHILDREN | | | ADULT- ONLY HOUSEHOLDS | | |
|--------------------------|----------------|---------------|------------------------|----------------|--------------------|
| Family / Household Size | Monthly Income | Annual Income | Household Size | Monthly Income | |
| 1 | \$1,832 | \$21,978 | | | Elderly / Disabled |
| 2 | \$2,470 | \$29,637 | 1 | \$1,287 | \$1,634 |
| 3 | \$3,108 | \$37,296 | 2 | \$1,736 | \$2,203 |
| 4 | \$3,747 | \$44,955 | 3 | \$2,184 | \$2,772 |
| 5 | \$4,385 | \$52,614 | 4 | \$2,633 | \$3,342 |
| 6 | \$5,023 | \$60,273 | Each Add'l Person | \$451 | \$572 |
| 7 | \$5,663 | \$67,951 | | | |
| Each Add'l Person | \$642 | \$7,696 | | | |

___ Yes, my family/household is income eligible

Sign below to confirm that you are income-eligible and that you agree to pay the price listed by your farm (which is half the cost of a regular CSA share) according to the payment plan specified.

Signature / Date

Thank you for providing the following information! It will help us secure grant funding for Healthy Food For All.

How did you hear about Healthy Food For All? (check all that apply)

- ___ word of mouth (friend/family/colleague)
- ___ from Cooperative Extension (CCE)
- ___ from a farmer
- ___ from Fresh Fruit & Veggie Snack Program
- ___ Postcard / Flier
- ___ WIC
- ___ DSS
- ___ TCAction
- ___ Catholic Charities
- ___ Loaves & Fishes
- ___ BJM
- ___ GIAC
- ___ Southside
- ___ Other _____ (please list)

Do any of your children attend Beverly J. Martin Elementary School (BJM), or participate in afterschool programs/activities at GIAC or Southside Community Center? ___YES ___NO

Do you receive WIC? ___YES ___NO **Do you receive disability?** ___YES ___NO **Do you receive Food Stamps?** ___YES ___NO

Did you participate in Healthy Food For All last year? ___ YES ___NO* If not, have you ever had a CSA share before? ___ YES ___NO

Voluntary Participation: We are working with the Division of Nutritional Sciences at Cornell University to determine the impact of CSAs on fresh fruit and vegetable consumption and public health. Your participation is voluntary and greatly appreciated.
 ___ I am willing to participate in a survey and/or an interview ___ I am NOT willing to participate

On average, how many servings of fruits and vegetables do you consume in a week (7 days)?
 (1 serving = 1 cup salad or ½ cup cooked broccoli or ½ cup fruit)
 Avg. servings I consume in a week _____ Avg. servings MY CHILDREN consume in a week _____

On average, how many different types of vegetables do you consume in a week?
 # of varieties I consume weekly _____ # of varieties MY CHILDREN consume weekly _____

What ethnicity do you identify with? _____